BREAKFAST

Breakfast served between 8am and 11am

Sweet Frenchy **R80**
Golden French toast served with bacon, lemon cream cheese and maple flavoured syrup.

Feeling Fruity **R90**
A vibrant bowl of fresh seasonal fruit, granola muesli, and plain yoghurt.

Life Saver Breakfast **R90**
2 eggs, mushrooms, 2 rashers of bacon, slice of tomato and 2 slices of artisanal bread.

Classic Eggs Benedict **R90**
Toasted English muffin, baby spinach, poached eggs, ham and silky hollandaise sauce.
Add Bacon R99
Add Smoked Salmon Trout R185

Blue Peter Breakfast **R125**
2 eggs, 2 rashers of bacon, pork sausage, grilled tomato, sautéed mushrooms and 2 slices of artisanal bread.

Morning Grid **R111**
A warm, fluffy Belgian waffle topped with scrambled egg and crispy bacon bits.

Classic Waffle (Ice-cream or Cream) **R65**
A warm, fluffy Belgian waffle served with your choice of ice-cream or fresh cream and a drizzle of maple syrup.

Avocado on Toast **R75**
Smashed fresh avocado on toasted artisanal bread, topped with feta, pumpkin seeds, red peppers, and jalapeños.

Hummus on Toast **R80**
Creamy home-made hummus served with warm toasted artisanal bread, topped with poached egg, avocado, feta, oven-dried cherry tomatoes and rocket.

EXTRAS & ADD ONS

Avocado **R35**
Fresh avocado, sliced to top up any breakfast plate.

Cheddar Cheese **R24**
A slice of cheddar cheese.

Pork Sausage **R35**
Grilled pork sausage, a savoury addition to any breakfast.

Back Bacon **R25**
Crispy grilled back bacon.

Chicken Mayonnaise **R35**
Shredded chicken folded through creamy mayonnaise.

Cooked Mushrooms **R32**
Pan-sautéed mushrooms, earthy and buttery.

Egg **R12**
One egg.

Slice of Bread **R11**
A slice of freshly toasted artisanal bread.

Rustic Fries **R35**
A side of golden, rustic fries.

Roasted Tomatoes **R15**
Slow-roasted tomatoes, sweet and richly flavoured.

STARTERS

Mushroom Risotto **R95**

Creamy Arborio risotto topped with mushrooms and pecorino cheese, finished with a drizzle of truffle oil.

Calamari Strips (Grilled or Fried) **R100**

Tender calamari strips, grilled or fried to order, served with our home-made tartar sauce.

Meatballs **R120**

Home-made meatballs simmered in a rich napolitana sauce, oven-baked with melted mozzarella crust and served with warm bread for dipping.

Creamy Mussels **R135**

Mussels in a rich, creamy chardonnay white wine sauce, served with fresh bread to mop up every drop.

Oysters (4) **R195**

Four fresh oysters, served on ice — a classic, elegant starter.

Chicken Bites **R75**

Bite-sized crumbed chicken pieces, served with a creamy garlic aioli.

Fish Cakes **R100**

Golden pan-fried, crisp on the outside and flaky within, served with a spicy garlic napolitana sauce.

Jalapeño Grenades **R115**

Beer battered jalapeños stuffed with cream cheese and bacon bits, fried until golden, served with garlic aioli.

Calamari Tubes Starter (Grilled or Fried) **R110**

Calamari tubes, grilled or fried, served with our home-made tartar sauce.

PIZZAS

Focaccia R75
Garlic, caramelised onion, feta.

Margharita R98
Napolitana sauce, mozzarella, oregano.

Hawaiian R160
Napolitana sauce, mozzarella, ham and pineapple.

Colore R165
Napolitana sauce, mozzarella, zucchini, mushrooms, black olives, artichokes, red onion, peppadews, rocket.

Regina R165
Napolitana sauce, mozzarella, salami, mushrooms, garlic.

Heatwave R205
Napolitana sauce, mozzarella, Mexican mince, jalapeño, chilli.

Chickata R185
Napolitana sauce, mozzarella, BBQ chicken, peppadews, mushrooms.

Rock n Roll R190
Napolitana sauce, mozzarella, bacon, feta, avocado.

Prawn R220
Napolitana sauce, mozzarella, prawns, calamari, garlic, chilli, feta, rocket.

Meat Lovers R230
Napolitana sauce, mozzarella, bacon, chorizo, salami, BBQ chicken.

BURGERS

All burgers are served on a brioche bun with your choice of side and crispy tobacco onion rings

Blue Peter Cheese Burger R168
180g beef patty, lettuce, tomato, red onion, gherkin, cheddar cheese, caramelised onion, house secret sauce.

Grilled Chicken Burger R145
Flame-grilled chicken breast fillet, lettuce, tomato, red onion, gherkin, caramelised onion, sweet chilli mayo.

Vegetarian Burger R205
Fry's vegan patty, tomato, red onion, gherkin, caramelised onion, sweet chilli mayo.

The Captain's Steak Roll R275
Beef fillet, rocket, Napolitana sauce, fresh chilli

Half Cut Mess Burger R205
A classic burger cut right down the centre. Both halves sit snuggled in a bed of tangy, creamy secret burger sauce for ultimate flavour coverage.
180g beef patty, lettuce, tomato, red onion, gherkin, cheddar cheese, bacon, chimichurri, secret sauce.

MAINS

Cape Malay Lamb Curry **R350**
Slow-cooked lamb in a fragrant Cape Malay spice blend, served with basmati rice, sambals and roti.

Pasta Primavera **R160**
Linguine tossed with grilled seasonal vegetables in a light, herbed sauce.

Lemon Chicken Pasta **R185**
Grilled chicken and linguine in a zesty lemon cream sauce, with black kalamata olives, peppadews and garlic, finished with pecorino cheese and fresh herbs.

Chicken & Prawn Curry **R265**
Chicken and prawns simmered together in a rich curry sauce, served with rice, sambals and roti.

Chicken Schnitzel **R160**
Crumbed chicken breast, golden-fried and served with your choice of side.

Pasta Carbonara **R150**
Classic linguine in a parmesan sauce with crispy pancetta, topped with grated parmesan and pecorino cheese.

GRILLS

Pork Ribs Sweet BBQ (600g) **R365**
600g three-hour slow-cooked pork ribs, glazed in a sweet BBQ sauce, topped with sesame seeds and served with your choice of side and onion strings.

Fillet Steak (200g) **R290**
A tender 200g beef fillet, grilled to your liking and served with your choice of side and onion strings.

Sirloin Steak (300g) **R275**
A flavourful 300g sirloin steak, grilled to your liking and served with your choice of side and onion strings.

SAUCES

Mushroom Sauce **R40**
A rich, savoury mushroom sauce.

Green Peppercorn Sauce **R40**
A classic peppery cream sauce.

Lemon Butter Sauce **R44**
A bright, buttery lemon sauce.

Cheese Sauce **R40**
A creamy blend of four cheeses.

Peri-Peri Sauce **R40**
A fiery, spiced sauce for those who like heat.

SEAFOOD

Beer Battered Hake **R190**

Fresh hake fillet grilled or fried, with your choice of side, served with our home-made tartar sauce.

Calamari Strips Main **R200**

A generous main-sized portion of tender calamari strips grilled or fried, with your choice of side, served with our home-made tartar sauce.

Calamari Tubes Main **R230**

Whole calamari tubes grilled or fried to perfection, with your choice of side, served with our home-made tartar sauce.

Hake & Calamari Duo **R275**

Choose either grilled or fried. Fresh hake fillet paired with tender calamari strips, with your choice of side, served with our home-made tartar sauce.

Swop calamari strips for calamari tubes R10

Pasta de Mare **R295**

Linguine tossed with mussels, prawns and calamari in a chardonnay white wine sauce.

8 Prawns **R300**

Eight succulent prawns pan-tossed. Choose between spicy Mozambik butter or lemon garlic cream sauce.

SIDES

Rustic Fries **R45**

Golden rustic fries.

Basmati Rice **R45**

Fragrant steamed basmati rice.

Greek Salad **R45**

Cucumber, tomato, red onion, black kalamata olives, and feta, with a Greek dressing.

Green Vegetables **R45**

A side of lightly steamed seasonal green vegetables.

Butternut **R45**

Roasted butternut, sweet and caramelised.

Creamed Spinach **R55**

Rich, creamy spinach — a comforting classic side.

Creamed Spinach & Roast Butternut **R45**

Creamed spinach paired with roasted butternut.

TOASTED SANDWICHES

All sandwiches are made with a choice of white or brown bread, served with your choice of fries or salad

Cheese & Tomato **R80**
A simple toasted classic — melted cheese and fresh tomato.

Bacon & Egg **R99**
Crispy bacon and egg toasted between your choice of bread.

Chicken Mayonnaise **R99**
Shredded chicken mayonnaise toasted between your choice of bread.

Club Sandwich **R145**
A hearty stack of chicken, bacon, egg, lettuce and cheese.

SNACK BITES

Cheese Amazeballs **R100**
Three cheeses pastry bites, crumbed and fried, oozing and golden, served with roasted garlic aioli.

Chorizo Amazeballs **R95**
Cheese, chorizo, and jalapeño pastry bites, fried, packed with smoky, spiced flavour, served with roasted garlic aioli.

Chicken Bites **R75**
Bite-sized crumbed chicken pieces, glazed and sesame-topped.
Choose between plain crumbed | spicy honey sriracha | Korean BBQ.

Chicken Wings **R100**
Sticky glazed chicken wings, grilled to caramelised perfection.
Choose between Peri-Peri | Sweet BBQ.

Mac n Cheese Bombs **R70**
Crumbed macaroni and cheese bites, fried until crisp and served with roasted garlic aioli.

Marinated Olives **R60**
A bowl of mixed olives marinated in parsley, paprika, garlic and olive oil.

Meat Balls **R65**
Bite-sized house-made meatballs, served with your choice of sauce.

Mozzarella Sticks **R70**
Crumbed mozzarella, fried until golden and stretchy inside, served with salsa roja.

Riblets **R70**
Sticky glazed pork riblets, grilled and finished with sesame seeds.

Tobacco Onion Rings **R60**
Thin, crispy fried onion rings.

SALADS

Just a Wedge **R145**

Classic Caesar salad. Crisp lettuce, feta, cherry tomatoes, red onion tossed, croutons, bacon bits, boiled egg, with Caesar dressing and shaved parmesan.

Greek Salad **R145**

Cucumber, tomato, red onion and feta, black kalamata olives, crispy onion rings, dressed in classic Greek style.

Prawn & Avocado Salad **R185**

Succulent prawns, mixed lettuce, creamy avocado over fresh salad greens with a cream cheese dressing and a side of wholegrain mustard dressing.

Beef Fillet Pasta Salad **R200**

Sliced beef fillet, pasta, rocket, cherry tomatoes and shaved parmesan, served with a harissa honey dressing.

Chicken Salad **R145**

Grilled chicken strips over fresh crisp iceberg lettuce, with cherry tomatoes, croutons, served with harissa honey dressing.

DESSERTS

Chocolate Brownie **R85**

Home-made chocolate brownie, vanilla bean ice cream, chocolate sauce.

Carrot Cake **R75**

Home-made carrot cake topped with walnuts and icing sugar.

Bar-One Cheesecake **R90**

Bar-One sauce set on a vanilla fridge cheesecake.

Upside Down **R60**

Vanilla bean ice cream, sugar cone, chocolate sauce.

Classic Waffle (Ice-cream or Cream) **R65**

A warm, fluffy Belgian waffle served with your choice of ice-cream or fresh cream and a drizzle of maple syrup.